SGNA Regional Leadership Session





### Jean Stoa, BSN RN



Regional Societies Committee Chair President of Arizona Regional Society



## Thank You Regional Societies Committee

## **2020-2021 Regional Societies Committee**

Jean Stoa, Chair

Mary Pierce, Co-chair

Judy Currier, Board Liaison

Katy Crenshaw

Marla Tobin

Tanya Flake Cain



## Tonight's Agenda

- 1. Intention Setting

  Judy Currier, BSN RN CGRN HN-BC, Regional Societies Director
- 2. House of Delegates Changes and New Process Overview Kim Eskew, SGNA Executive Director
- 3. Regional Leader Networking
- 4. The Volunteer Leader

  Janet King, BSN RN DIPL CGRN
- 5. Regional Rechartering Ceremony
  Michelle Juan, MSN RN CGRN, SGNA Immediate Past President
- 6. Closing Remarks
  Jeannie Stoa, BSN RN, Regional Societies Committee Chair



# Intention Setting

Judith Currier, Regional Societies Director



# House of Delegates Changes and New Process Overview

Kim Eskew and Sarah Heemstra



## Background

- Evaluating Effectiveness
- Gathering Feedback
  - Survey
  - Town Hall
  - Anecdotal





### Results of the Bylaw Vote

- Total votes cast: 402 about 8% of the membership
  - Approval = 391
  - Reject = 11
- Results shared with membership on May 17.



## Sharing Your Voice

#### Idea

A regional member has a new idea

#### Follow-up

RSC follows up with Region on the outcome of their idea.

### Regional buy-in

The Region discusses for approval to submit

### **Approval**

- 1. RSC implements through staff
  - 2. RSC declines idea
- 3. RSC moves idea to the SGNA Board of Directors

#### **Submission**

Regional President submits idea to their Divisional Coordinator

#### Review

The Regional Societies Committee (RSC) reviews idea.



## Networking with SGNA Leadership

At the 2022 Annual Course; House of Delegates meeting time will be used for something such as:

### **Panel Discussions**

Example:

Panel: SGNA Executive Board

**Presentation:** SGNA current year initiatives

- Small group discussion on how regions can push forward initiatives
- Group consensus on one or two initiatives to support and how to support them at the regional level.

### **Advocacy Forum**

Example:

**Topic**: Restroom Access Act (Ally's Law)

**Presentation and Discussion on:** 

 How can regions support state legislation on this act in the states where it hasn't been passed yet?



### Process Expectations

- Regional Society Board Liaison
- Regional Society Committee
- Regional Leaders





### From Theory to Implementation

- Review Process
- Approval Process
- Follow-up Process
- Link to form
  - Housed on the Regional Resource Officer Page and Regional Leader Community



## Networking Breakout Rooms



Regional Leadership Conference 2021

"The Volunteer Leader"

by Janet King BSN.RN.CGRN



### Required Disclosures

- **1. Completion:** Successful Completion of this Continuing Nursing Education (CNE) Activity is based on:
  - Being registered for this activity
  - Attendance at entire program
  - Completion of the Evaluation
- **2. Conflict of interest:** No relevant relationships with commercial interest organizations whose products are related to the program content were identified.
- **3. Accreditation:** The Society of Gastroenterology Nurses and Associates, Inc., is accredited as a Provider of Continuing Nursing Education by the American Nurses Credentialing Center's Commission on Accreditation. **1.9 contact hours** will be awarded upon completion of day two.
- **4.** No commercial support has been provided for this program.



# Winston Churchill Quote:

"We make a Living by what we get but

We make a life by what we give"





## Why do we Volunteer?

Subtitle for Section



### What are the Motivators to volunteering?

### **Intrinsic Influences**

- Personal Growth
- Learning
- Loving what you do
- Satisfaction of doing a good job
- Serving or helping others
- Staying true to your values
- Making a difference
- Working with people you care about and with whom you share the same values
- Having influence on others
- Finding meaning from your efforts

### **Extrinsic Influences**

- Money
- Recognition
- Praise
- Winning
- Making others happy
- Building your resume
- Security



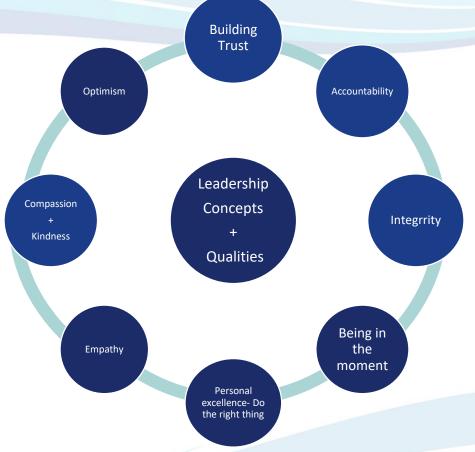
### Benefits to volunteering

- Makes you happy
- Increases self confidence
- Provides a sense of purpose
- Connects you to others
- Increases your social and relationship skills
- Brings fun and fulfillment to your life



# Leadership Qualities







## The Givray Leadership Framework



# The Four Domains





### Take a minute and self reflect

Your first regional SGNA meeting you attended...

Your first volunteer position with regional or national SGNA



## Be a successful leader

- Attend the SGNA Regional Leadership Conferences
- Read some books on leadership
  - "The Power of Moments" by C. Heath
  - "Integrity-The courage to meet the demands of reality" by Dr. Henry Cloud
- Reach out to the Regional Committee when you need some help
- Being a leader Can be challenging
  - "Crucial conversations-Tools for talking when stakes are high"
     By Kerry Patterson



### Thank You All!!

IF you ever want to reach out to me for anything please don't hesitate!

*Contact information:* 

janetritaking@gmail.com



# Regional Rechartering Ceremony

Michelle Juan, MSN RN CGRN, SGNA Immediate Past President



## Congratulations to our 2020 regions!

Alabama

Arizona

Arkansas

Northern

California

Southern California

**Rocky Mountain** 

Connecticut

Central Florida

Florida's Gulf

Coast

**Greater Orlando** 

South Florida

Georgia

Hawaii

Central Illinois

Chicago

Indiana

Midwest

Kentucky

Magnolia

Maine

Chesapeake Tri-State

**New England** 

Michigan

Minnesota

Nevada

Central New Jersey

Northern New Jersey

Central New York

**Hudson Valley** 

Long Island

New York Metropolitan

Western New York

Eastern North Carolina

Western North Carolina

North Coast Ohio

Ohio

Central Oklahoma

Carolina

Low Country

Tennessee

**Greater Fort Worth** 

**Greater Houston** 

North Texas

South Central Texas

**Pacific Northwest** 

Wisconsin

Heartland

Old Dominion

Vermont

**New Mexico** 

Ocean-Monmouth

Palm Beach Treasure

Coast



### Cheers!



Please share a favorite regional memory over the last few years in the chat box!



# Regional Society Award Presentation

Mary Pierce, Regional Societies Committee Co-chair



### 2021 Regional Society Member of the Year



Jill Bendiske Minor *Minnesota Region* 



# 2021 Outstanding Regional Society of the Year



Connecticut Region #9



### Housekeeping Items

- A recorded version of this meeting will be available in the eLearning Center next week.
- Contact hour evaluation form will be available in your eLearning profile.
- If you have any additional questions, please email <a href="mailto:info@sgna.org">info@sgna.org</a>.



Thank you for joining us!

