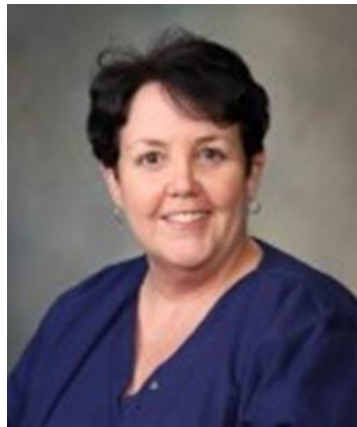


# *SGNA Regional Leadership Webinar Series*



Society of Gastroenterology Nurses and Associates, Inc. | [www.sgna.org](http://www.sgna.org)

# *Jean Stoa, BSN RN*



Regional Societies Committee Chair  
*President of Arizona Regional Society*



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# *Thank You Regional Societies Committee*

## **2019-2020 Regional Societies Committee**

Allison Benson  
Catherine Schlosser  
Janet King, Board Liaison  
Jean Stoa, Chair  
Jo Sienknecht, Co-chair  
Kimberly Venturella  
Mary Pierce  
Nathan Long  
Tanya Flake Cain

## **2020-2021 Regional Societies Committee**

Emma Rogers  
Jean Gleich  
Jean Stoa, Chair  
Jo Sienknecht, Co-chair  
Judy Carrier, Board Liaison  
Katy Crenshaw  
Marla Tobin  
Mary Pierce  
Tanya Flake Cain



# *Tonight's Agenda*

## **1. Life After the Pandemic**

Michelle Juan, MSN RN CGRN, SGNA President

## **2. Reigniting Support of the GI Profession Interview**

Michelle Juan, MSN RN CGRN, SGNA President

Janet King, BSN RN DIPL CGRN, SGNA President-Elect

## **3. Regional Society Resource Review**

Sarah Heemstra, SGNA Membership Coordinator



# *Required Disclosures*

**1. Completion:** Successful Completion of this Continuing Nursing Education (CNE) Activity is based on:

- Being registered for this activity
- Attendance at entire program
- Completion of the Evaluation

**2. Conflict of interest:** No relevant relationships with commercial interest organizations whose products are related to the program content were identified.

**3. Accreditation:** The Society of Gastroenterology Nurses and Associates, Inc., is accredited as a Provider of Continuing Nursing Education by the American Nurses Credentialing Center's Commission on Accreditation. **1.41 contact hours** will be awarded upon completion.



# *Life After the Pandemic*

Michelle Juan, MSN RN CGRN  
SGNA President



# *Objectives*

1. Recall at least 2 ways GI has changed since COVID- 19.
2. Discuss strategies to mitigate changes in the GI landscape since COVID-19.
3. Identify ways to help their staff cope with constant change during this pandemic



# A History Moment...

SCNA<sup>TM</sup>

# INFLUENZA!

## How to Avoid It! How to Care for Those Who Have It!

The following suggestions of the California State Board of Health may prove of immeasurable value to any man or woman who will read, remember and act upon them in the present great emergency. The counsel here set forth has been prepared after consultation with some of the ablest medical men in America. If you will follow the dictates of this official bulletin, you will be doing your duty to your fellow man and to yourself.

## What To Do Until the Doctor Comes!

If you feel a sudden chill, followed by muscular pain, headache, backache, unusual tiredness and fever, go to bed at once.

See that there is enough bed clothing to keep you warm.

Open all windows in your bedroom and keep them open at all times, except in rainy weather.

Take medicine to open the bowels freely.

Take some nourishing food, such as milk, egg-and-milk or broth every four hours.

Stay in bed until a physician tells you that it is safe to get up.

Allow no one else to sleep in the same room.

Protect others by sneezing and coughing into handkerchiefs or cloths, which should be boiled or burned.

Insist that whoever gives you water or food or enters the sick room for any other purpose shall wear a gauze mask, which may be obtained from the Red Cross or may be made at home of four to six folds of gauze and which should cover the nose and mouth and be tied behind the head.

Remember that these masks must be kept clean, must be put on outside the sick room, must not be handled after they are tied on, and must be boiled five minutes and thoroughly dried every time they are taken off.

### TO HOUSEHOLDERS

Keep out of the sick room unless attendance is necessary.

Do not handle articles coming from the sick room until they are boiled.

Allow no visitors, and do not go visiting.

Call a doctor for all inmates who show signs of beginning sickness.

The usual symptoms are: Inflamed and watery eyes, discharging nose, backache, headache, muscular pain, and fever.

Keep away from crowded places, such as "movies," theaters, street cars.

See to it that your children are kept warm and dry, both night and day.

Have sufficient fire in your home to disperse the dampness.

Open your windows at night. If cool weather prevails, add extra bed clothing.

### TO WORKERS

Walk to work if possible.

Avoid the person who coughs or sneezes.

Wash your hands before eating.

Make full use of all available sunshine.

Do not use a common towel. It spreads disease.

Should you cough or sneeze, cover nose and mouth with a handkerchief.

Keep out of crowded places. Walk in the open air rather than go to crowded places of amusement.

Sleep is necessary for wellbeing—avoid over-exertion. Eat good clean food.

Keep away from houses where there are cases of influenza.

If sick, no matter how slightly, see a physician.

If you have had influenza, stay in bed until your doctor says you can safely get up.

### TO NURSES

Keep clean. Isolate your patients. When in attendance upon patients, wear a mask which will cover both the nose and the mouth. When the mask is once in place, do not handle it.

Change the mask every two hours. Owing to the scarcity of gauze, boil for 5 minutes and rinse, then use the gauze again.

Wash your hands each time you come in contact with the patient. Use hypochloride of mercury, 1-1000, or Liquefied Cresol compound, 1-100, for hand disinfection.

Obtain at least seven hours' sleep in each twenty-four hours. Eat plenty of good, clean food.

Walk in the fresh air daily.

Sleep with your windows open.

Insist that the patient cough, sneeze or expectorate into cloths that may be disinfected or burned.

Boil all dishes. Keep patients warm.

For Copies of this publication apply to

Oakland Health Dept. City Hall, Oakland



# Quarantine

- Began in the 14<sup>th</sup> century in Venice
- Sit and anchor in port for “40” days
  - Effort to protect from plagues from other countries
- Italian for *quarantagioni* which mean 40 days
- Early America could do very little to control/prevent
  - Infectious diseases easily spread with no overall guidelines since authority fell to local and state—haphazard at best!



# Quarantine

- Yellow fever prompted Congress to pass federal legislation in 1878- however it did not conflict with the state's rights
- Cholera outbreak in 1892 prompted further federal role in activities
- By 1921-federal government took over centralization of a quarantine station system
- Eventually quarantine was transferred to the agency known as the Centers for Disease Control (CDC) in 1967

<https://www.cdc.gov/quarantine/historyquarantine.html>



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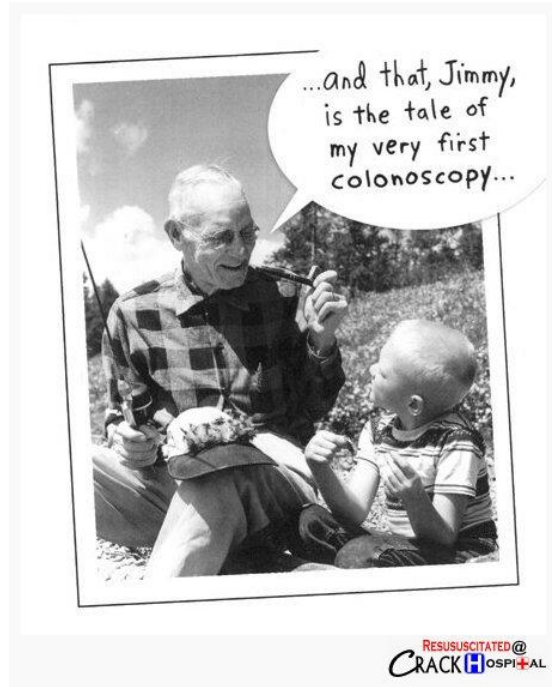
# *Back in GI*

Thank Goodness!



SGNA™

# GI Then and Now



# *Then*

- COVID 19 say what?
  - MRSA, VRE, CRE Etc.
- The fast and furious-keep those rooms turned over!
- Drivers MUST stay and do not leave—got my eyes on you
- Full waiting rooms
- Masks in procedure room only

# *Now*

- COVID testing prior (even timed)
- Buffer time for room turn over or change staffing model
- Drivers—can't stay here
- A room without chairs
- PPE
- Working from home



# *Now*

- Masks Masks Masks!





# *Come Together*

- Develop a plan
  - Should be a multidisciplinary approach
- Determine your new capacity and turn over time
- Look at your budget
- What resources do you have?
- What resources will you need?
- What processes need to be changed?



# *Dealing with Constant Change*

- Employee Assistance Programs
- Be flexible
- Lean on each other
- Get involved
- Rest
- Celebrate small wins and each other



F.E.A.R. has  
two meanings:  
'Forget Everything  
And Run' or 'Face  
Everything And Rise.'  
The choice is yours.

*Zig Ziglar*

*Thank you!*



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# *Reigniting Support of the GI Profession Interview*

Michelle Juan, MSN RN CGRN, SGNA President

Janet King, BSN RN DIPL CGRN, SGNA President-Elect



# *Objectives*

1. Develop a perspective of what it was like to be removed from the GI specialty due to COVID-19
2. Establish your confidence in returning to their GI units





# *Regional Society Resource Review*

Sarah Heemstra, SGNA Membership Coordinator



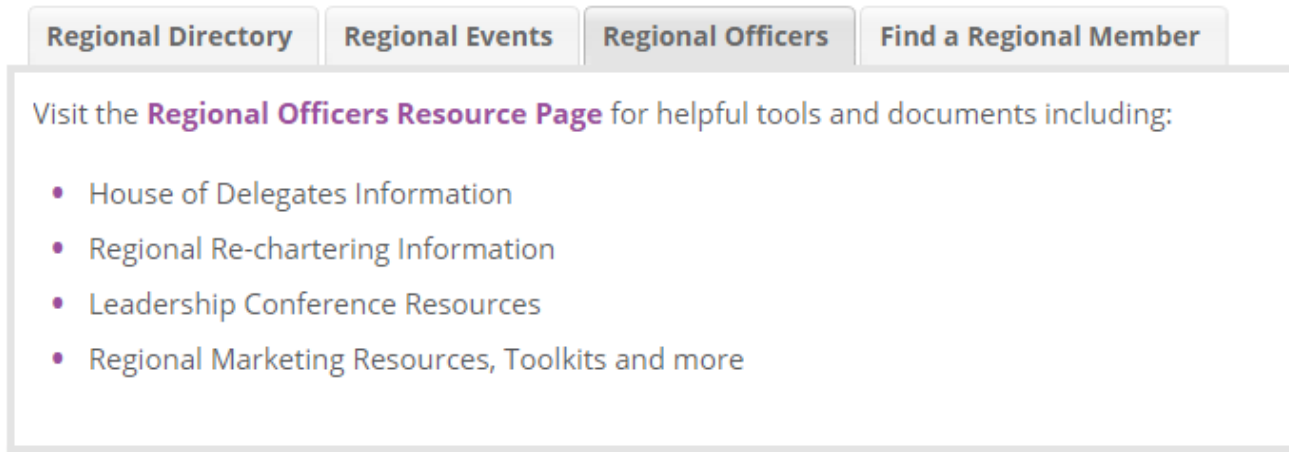
# *Objectives*

1. Navigate the Regional Officer Resource page on SGNA's website
2. Identify the resources available on this page
3. Recognize when to utilize the resources available on this page



# *Navigating to the Regional Officer Resource Page*

- Must be logged into your SGNA account
- Member Resources > Regional Societies > Regional Officers Tab



The screenshot shows a navigation bar with four tabs: "Regional Directory", "Regional Events", "Regional Officers", and "Find a Regional Member". The "Regional Officers" tab is selected. Below the tabs is a white box with a grey border containing the following text:

Visit the **Regional Officers Resource Page** for helpful tools and documents including:

- House of Delegates Information
- Regional Re-chartering Information
- Leadership Conference Resources
- Regional Marketing Resources, Toolkits and more

# *Available Resources*

- Leadership Conference Slides
- Re-chartering Forms
- House of Delegates Materials
- Regional Marketing Resources
- Regional Operations Resources
- Practice Document Resources



# *SGNA Regional Society Communities*

- Regional Leader Communities Page
  - Specific Announcements
  - Important dates and deadlines
  - Share resources, ask questions, network with fellow SGNA regional leaders
- Regional Society Communities
  - Engage your local members
  - Discussions specific to your regions
  - Share files from meetings, events, etc.
  - Post special announcements
  - Introduce new regional members
- Share what your region does in the chat box!



# *Any questions?*

- Please submit your questions to the Q&A box at the bottom of your Zoom screen



# *Housekeeping Items*

- A recorded version of this webinar will be available on our eLearning system next week.
- The evaluation form for tonight will be available in your eLearning profile. Certificate will be available upon completion of evaluation.
- If you have any additional questions, please email [info@sgna.org](mailto:info@sgna.org).





*Thank you for joining us!*



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