

# Welcome to the Regional Leadership Conference 2018

SOCIETY OF GASTROENTEROLOGY NURSES AND ASSOCIATES, INC.



# **Educational Sessions**

SOCIETY OF GASTROENTEROLOGY NURSES AND ASSOCIATES, INC.

#### **Required Disclosures**

- 1. **Completion:** Successful Completion of this Continuing Nursing Education (CNE) Activity is based on:
  - Being registered for this activity
  - Attendance at entire program
  - Completion of the Evaluation
- **2. Conflict of interest:** No relevant relationships with commercial interest organizations whose products are related to the program content were identified.
- **3. Accreditation:** The Society of Gastroenterology Nurses and Associates, Inc., is accredited as a Provider of Continuing Nursing Education by the American Nurses Credentialing Center's Commission on Accreditation. **5.91** contact hours will be awarded upon completion.
- **4. Support: ERBE** has provided commercial support for this program. All planning, implementing, evaluating and record keeping of this CNE activity is the sole responsibility of the provider with no influence by the commercial entity.





# Innovation in Education

Alexandra Campbell Cynthia M. Friis, MEd BSN RN-BC

SOCIETY OF GASTROENTEROLOGY NURSES AND ASSOCIATES, INC.





#### Learning outcome

At the conclusion of the educational activity, participants will demonstrate knowledge of various innovations in education.

#### Learning objectives

- 1. Review the principles of adult learning.
- 2. Examine technology tools for teaching.
- 3. Share effective teaching techniques.
- 4. Discuss effective presentation tips.





Andragogy (aka adult learning theory) is the understanding of the science and practice of adult learning.





Andragogy





recognizes that there are many differences in the ways that adults learn. It capitalizes on the unique learning styles and strengths of learners and lays the groundwork.



Knowles' five assumptions of adult learners. Adults have....

- 1. Secure self-concept
- 2. Past Learning Experience
- 3. Readiness to Learn
- 4. Practical Reasons to Learn
- 5. Driven by Internal Motivation





Adult learning principle	Implications for teaching
1. Secure self- concept	<ul> <li>Design training to minimize learner's risk and embarrassment.</li> <li>Provide opportunities for learners to share experiences, ideas, questions, opinions, concerns, etc.</li> <li>Make it safe for learners to express their confusion, anxieties, doubts, and fears.</li> </ul>
2. Past Learning Experience	<ul> <li>Provide opportunities to reflect upon their existing knowledge and experience.</li> <li>Provide opportunities for learners to reflect on what they are learning and what they already know.</li> </ul>
3. Readiness to Learn	<ul> <li>Ask participants what they want to learn.</li> <li>Design education around learners' needs and goals.</li> <li>Provide opportunities for learners to direct their own learning through guided inquiry and self-facilitated small-group discussions.</li> </ul>



Adult learning principle	Implications for teaching
4. Practical Reasons to Learn	<ul> <li>Establish clear learning objectives that make the connection between learner's needs and the learning content.</li> <li>Invite learners to identify the challenges they face and the value the learning has to help address these challenges.</li> <li>Share examples and stories that relate the learning content to participant's current challenges. Ask learners to share their own examples that make this linkage.</li> <li>Follow theories with practical examples and applications to demonstrate the relevance of the learning.</li> </ul>
5. Driven by Internal Motivation	<ul> <li>Ask participants why they are interested in learning.</li> <li>Make a connection between the learning content and the learner's objectives.</li> <li>Ask participants to the implications to practice based on what they've just learned.</li> </ul>



#### Learning styles

# **VARK Learning Styles**







SGNA.

# **Technology Tools for Teaching**

Free ways to engage your audience

- Kahoot
- Quizlet
- InsertLearning
- Wakelet
- Quizizz
- My Simple Show
- Kami
- Quizalize
- Sutori





# **Technology Tools**

https://www.mysimpleshow.com/	Sutori https://www.sutori.com/
<ul> <li>Easily create "explainer" videos</li> <li>Template, write script and it automatically generates ideas for you</li> </ul>	<ul> <li>Create a storyline to present information and connect ideas with multiple media options</li> </ul>
Example a constraint of the second of the	<image/>

enlarge them! Tell your students so that they can bette

0.mlu

# **Technology Tools**

Wakelet https://wakelet.com/				sertLearning d Kami	
• Gather onlin	ne information: prese	ent, research, portfolio	•	Insert educational content onto any webpage Annotate webpages Annotate PDFs and documents	
Save content from the web	Make beautiful collections		elect Text		
Save articles, videos, images, Tweets, and pretty much any link you find online. Items that you save are private and can be edited at any time.	Organize your saved items into stunning collections. Add your own images, text and reorder however you like.	Keep your collections private of share them with the world.       S         You can also embed collections of any blog or website.       U         Image: Collection of the state of the stat	tighlight strikethrough Inderline Comment Cext Box iquation	Learn. • Create. •	Jane Doe a few second Open with Kami.     Jo Jane Doe a few second with kami.     O Second
				Collaborate. • <u>Kami</u> .	D Jane Doe s few second

Kahoot https://kahoot.com	Quizlet https://quizlet.com/			
<ul><li>Quiz game</li><li>Social, can play on teams</li><li>Fun</li></ul>	<ul> <li>Flashcards online</li> <li>Create your own, share</li> <li>Use to study</li> </ul>			
Unleast the magic of learning and presentations fun         Watch later	Human Biology-Blood			
	STUDY PLAY			
Quiz Technology Tools	circulatory system			
	C CLICK THE CARD TO FLIP IT			

# **Quiz Technology Tools**



# **Non-technology Strategies**

#### Four square

Word	Definition
In a sentence Synonym/antonym	Picture

#### **Role play**

- Involve participants in practicing what they are learning
- Taking turns as the practitioner and the patient



# **Non-technology Strategies**

# Simulation with gradual release of responsibility

- Begin by modeling what you are teaching in front of the learners: say aloud what you are thinking during the process
- 2. Involve learners by completing a similar task but asking for learners' help in recalling what to do next, or instruct learners to do a similar task in pairs
- 3. Each learner attempts completion on their own

# Divide and present in form of learner's choice

- Use when training with a large amount of content
- Divide content into manageable and logical sections
- Give each section to a group or individual to learn and present to the rest of the group
- Presentations can be in a form of the presenters' choice: poster, video, speech, brochure, article
  Also called "jigsaw"



# **Non-technology Strategies**

#### **Stations**

- Appropriate for learning various tasks or gathering information
- Divide content into selfdirected smaller activities
- Participants rotate through stations to learn all content
- Works with group learning or individual

#### Read, annotate, share

- Simple way for participants to learn information
- Ability to structure annotation instructions based on learning goals
- Participants can share with a partner and as a whole group





#### Kahoot

#### https://play.kahoot.it/#/k/e19ba995-058a-459f-8d2c-1389a2862e3d

# Kahoot!

#### Quiz



SGNA.

#### **Alexandra and Cindy's Presentation Tips**





#### **Presentation Tips**

- 1. Start strong
- 2. Focus on your audience's needs
- 3. Practice
- 4. Keep it simple and concentrate on your core message
- 5. Drink
- 6. Smile and make eye contact with your audience
  - 1. Dismiss the naysayers
- 7. Be transparent
- 8. Practice
- 9. Use techniques that you are comfortable with





#### **Presentation Tips**

- 10. Answer questions as you go and repeat the questions to verify understanding
- 11. Repeat Yourself
- 12. Tell Stories
- 13. Practice
- 14. Use your voice and body effectively
- 15. Speak loudly and slowly, breathe
- 16. End your talk on time
- 17. Say thank you when you are done





#### Resources

- Association for Nursing Professional Development (ANPD) <u>http://www.anpd.org/page/onlinestore-books</u>
- Association for Talent Development (ATD) <u>https://www.td.org/about</u>
- National League for Nursing (NLN) <u>http://www.nln.org/professional-</u> <u>development-programs/teaching-resources</u>
- Tool Time for Trainers <a href="http://www.tool-trainers.com/shop/">http://www.tool-trainers.com/shop/</a>
- American Nurses Credentialing Center
   <u>https://www.nursingworld.org/organizational-</u>
   programs/accreditation/primary-accreditation/faqs/
- Knowles, M., Holton, E.F., & Swanson, R.A. (2015). The Adult Learner: The definitive classic in adult education and human resource development. 8th ed. Routledge: NY, New York.
- Cindy and Alexandra 😊



# Questions







### acampbell@sgna.org cfriis@sgna.org





SGNA.



# House of Delegates Update 2018

# Judy Currier, BSN RN CGRN Speaker of the House of Delegates

SOCIETY OF GASTROENTEROLOGY NURSES AND ASSOCIATES, INC.

# **Purpose of House of Delegates**

- Give equal representation to all regions
- Allow time for discussion
- Bring issues to a vote by the Delegates as they represent the regions





# **Purpose of Resolutions**

- To be the voice of our organization.
- Encourage the members to record their ideas and present them to the HOD for vote.



# **Process of Resolution Approval**

- House of Delegates
- Reviewed by
- Presented to Board of Directors
- Approved or Denied
- Sent back to writers for clarification



### **RESOLUTION #1**

#### REPORT TO THE SGNA BOARD OF DIRECTORS August 2018

FROM: Judith Currier, BSN RN CGRN, Speaker of the House X\_ Action

\_\_\_\_ Consent

REVIEWED BY: Janice Provenzano, MSN-ED RN CGRN, Vice-Speaker of the House and Kim Wiatr, Operations Manager

SUBJECT: House of Delegates Resolution #1

RECOMMENDATION(S): SGNA should offer courses annually to support the recertification of nurses and associates for Endoscope Reprocessing through organizations such as CBSPD or IAHCSMM.

Relevant Strategic Goal/Objective or Organizational Priority: Goal #1 Membership

Justification: SGNA already offers these courses at the Annual Course and providing the additional credit through CBSPD or IAHCSMM only further supports our members.

Time Frame/Target Date for Completion: To incorporate for Annual Course 46, which takes place April 14-16, 2019.

Financial Impact: There will be minimal expense directly associated with this resolution, potentially \$50 fee for CE approval by IAHCSMM.

Staff Impact: Will include some additional work by current staff to work with CBSPD or IAHCSMM to determine which courses are eligible for credit. Estimated cost of \$2,000.

Relation to Strategic Plan: This resolution strives to fulfill a need of a subset of the member population.

Action:	Approved	Deferre	d Reje	ected
Refe	r back to Comm	ittee	Amend and	l Adopt



### **RESOLUTION #1 BOARD OF DIRCECTORS PLAN**

- The Board of Directors:
  - > Approved this resolution.
  - > Agreed that SGNA has sessions in place that meet the requirements to apply to this strategy.



#### **RESOLUTION #2**

REPORT TO THE SGNA BOARD OF DIRECTORS August 2018

FROM: Judith Currier, BSN RN CGRN, Speaker of the House X\_ Action

Consent

REVIEWED BY: Janice Provenzano, MSN-ED RN CGRN, Vice-Speaker of the House and Kim Wiatr, Operations Manager

SUBJECT: House of Delegates Resolution #2

RECOMMENDATION(S): The associate member position on the board of directors not be converted from a non-voting position to a voting position.

Relevant Strategic Goal/Objective or Organizational Priority: Goal #1 Membership

Justification: SGNA needs to continue to work to strengthen that membership category and interest in volunteering to ensure long-term interest in the position prior to making it a voting position. With that said, it is recommended SGNA develop strategic goals to achieve the above with the intent of making the associate member position on the board of directors a voting position in the future. This strategic plan should also include communicating out to its membership, the SGNA's Board of Directors' commitment to strengthening the associate membership category. Time Frame/Target Date for Completion: No specified date needed for the resolution but do need to create timeline for strategic plan and implementation.

Financial Impact: There will be no expense directly associated with this resolution; however, expenses may be associated with future approved strategic goals.

Staff Impact: Within current staff scope for membership support.

Relation to Strategic Plan: This resolution strives to provide greater inclusion amongst its member population.

Action:	Approved	Deferre	d Rejected
Refe	r back to Comm	ittee	Amend and Adopt



### **RESOLUTION # 2 BOARD OF DIRECTORS PLAN**

#### The Board of Directors:

- > recognize the need for a voting position for the associate member.
- > would like to develop the current Director-at –Large associate member position.
- > As we strive for Associate members, we need to encourage our associates to become active in the Organization and to develop associate members who show interest in furthering the organization on the associate member level.
- intend to develop a strategic plan with the associate members to make the position a voting director.


# 2019 House of Delegates Resolution Form

Society of Gastroenterology Nurses and Associates, Inc. RESOLUTION SUBMISSION FORM 2019 House of Delegates

Please duplicate this form for additional resolutions. All submissions must be typed and postmarked no later than January 1, 2019 of the current year for the following year's consideration. Resolutions after this date will not be considered.

E-mail address: \_\_\_\_\_ Regional Society Name/#:\_\_\_\_\_

1) Background Information:

WHEREAS,

2) Recommended Strategy(s) or Outcome(s):

RESOLVED,

Rationale:

4) Cost Analysis/Budgetary Impact:

5) Check the goal(s) most closely related to your resolution:

#### [] Goal 1: Membership

SGNA will develop a compelling value proposition for gastroenterology technicians, ambulatory surgical center professionals, gastroenterology hepatology nurses in all practice settings and purposefully market to these audiences.

[] Goal 2: Quality Care

SGNA will drive the quality of care in the areas of gastroenterology practice for nurses and associates.

#### [] Goal 3: Future of Nursing

SGNA will support the education and implementation of the Institute of Medicine's Future of Nursing recommendations.

6) References:

Return by January 1, 2019 to:

SGNA Headquarters 330 N. Wabash Ave, Suite 2000 Chicago, IL 60611 SGNA@smithbucklin.com Fax: 312/673-6694



# **House of Delegates Webinar**

# In lieu of the House of Delegates Workshop during the Leadership training,

# SGNA has developed a House of Delegates Webinar.



### **Call for Candidates for Vice Speaker of The House**



- Vice-Speaker
- Anyone interested in running for the 2019 Vice-Speaker can contact:
- Judith Currier discovertheworld62@gmail.com
- Jan Provenzano jan.provenzano@moffitt.org
- Sarah Heemstra sheemstra@sgna.org



# Questions









# Membership Engagement Across the Continuum

Diane Moore, RN CGRN Deana Cipolla, RN CGRN Eileen Babb, BSN RN CGRN CFER Facilitator: Madeline Stanke, SGNA Staff





# **Speed Networking:** Making the most of our minutes



# **Best Practice Roundtables**



# Finance and Budgeting

# Michelle Juan, MSN, RN, CGRN, SGNA Treasurer

Kim Wiatr, SGNA Operations Manager

### Disclosure

- The Society of Gastroenterology Nurses and Associates, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation.
- We have no disclosures to report.



### **Objectives**

Understand financial responsibilities Define what a Budget and Forecast represent

Discuss your needs vs. wants

Review your resources



### **Common Financial Responsibilities**

Handle money and sign checks

• Manage all invoices (payable/receivable)

Plan and prepare budgets/forecasts

• Prepare timely financials reports

Manage filings with SGNA

 Insurance, Board Roster, CE Listing, Annual Income/Expense Report



# **Annual Budget**





#### **Budget Basic Principles**

Be conservative on revenue estimates Be realistic on expense estimates

Understand any changes of your approved budget Require meaningful comments and assumptions for key budget line items Utilize multiple scenarios to help plan for upside and downside cases and related actions



### **Budget Basic Principles**

Кеер	Work collaboratively to set budget objectives for your group				
in mind	Create an executive overview summarizing key budget objectives and major variances				
	It is imperative to build financial bridges from previous				

reports to current

This includes remapping previous year results whenever changes are made to your chart of accounts



### **Balancing the Want vs. Need**

**Consider** Determine if the cost is crucial to your overall goal

Is the revenue there to support the budget

Look at trends from past years

Consider needs assessment if questioning an item is worth spending on again for the next year

Consider having your Board rank items that are less clear



#### **Budget Timeline: Fiscal = Calendar**



# Sample

	2017 Actuals	2018 Budget	2018 Forecast	2019 Proposed	Assumption		
Revenue							
Membership	\$3,000	\$2,500	\$2,500	\$2,000	Assumes 200 members @ \$10		
Meeting registration	\$9,000	\$8,500	\$8,000	\$7,500	Assumes 100 registrants @ \$75		
Meeting Sponsorship	\$4,000	\$2,500	\$2,000	\$1,500	Assumes 3 sponsors @ \$500 each		
Total Revenue	\$16,000	\$13,500	\$12,500	\$11,000			
Expense							
Hotel	\$500	\$500	\$500	\$500	Assumes meeting venue for 2019		
Food & Beverage	\$12,000	\$11,000	\$11,000	\$10,000	Assumes breakfast & lunch for 150		
Meeting supplies	\$250	\$230	\$230	\$200	Assumes cost of badges, printed materials for 150		
Insurance	\$80	\$85	\$85	\$85	Assumes annual insurance coverage for region		
Website/Email Platform	\$1,200	\$1,200	\$1,200	\$1,200	Assumes 12 months of website/email platform service @ \$100/month		
Total Expense	\$14,030	\$13,015	\$13,015	\$10,985			
Net Income/(Loss)	\$1,970	\$485	(\$515)	\$15			

#### Forecast





#### **Forecast Timeline**



# **Budgeting Through Tough Times**

**Consider** Avoid creating unrealistic expectations of actual revenue

Avoid relying on investments to play "catch up"

Review all items to make sure you are staying on track



Pay attention to line items that may be under calculated (food breaks, mailing, travel)



# **Budgeting Through Tough Times**

Consider Ask for help!

Stay focus on your strategic goals set for the budget

Ask if an item or event is "nice to have" versus "must have"



Do not make tough decisions alone: involve your local BOD or Executive Committee to weigh options



# **Ongoing Expectations and Passing the Torch**

# Determine best practices that the board will follow

- Roles and responsibilities
- Communicate and participate

### Keep records up-to-date

Have a process to pass records on (succession planning)

# Back-up files

Use a shared drive or documents to ensure access by multiple people



### **Regional Societies Page**



### **Regional Officers Resource Center**



#### **Resources for You**





# **Crucial Conversations**

# Catherine Bauer RNBS, MSN, MBA, CGRN, CFER SGNA President

- The Society of Gastroenterology Nurses and Associates, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation.
- Disclosure: Relationships with commercial interest organizations whose products are related to program content include:



## **Objectives**

- Demonstrate ways to effectively communicate
- List examples of situations that warrant crucial conversations







#### The challenge of LEADERSHIP is to be strong, but not rude; be kind, but not weak; be bold, but not bully; be thoughtful, but not lazy:

be humble, but not timid: be proud, but not arrogant; have humor, but without folly.

- Sim Rohn





# **3 Elements of Crucial Conversation**

- Stakes are High
- Opinions Vary
- Emotions run Strong







KERRY PATTERSON, JOSEPH GRENNY, RON MCMILLAN, AL SWITZLER



### **Exercise 1**



- In your groups, brainstorm some of the types or people you find most difficult. Don't talk about specific people, but types of people. For example: someone refuses to take ownership of a problem or someone that is disruptive to the meeting
- In your groups, take 5 minutes to choose one of the types you find most difficult and give that type a creative name. Be prepared to share with the rest of the room
- In your group, take 5 minutes to describe the things this type of person does that made you choose the name you did. Be prepared to share with the rest of the room



# CRIB

- Commit to Seek Mutual Purpose
- **R**ecognize the Purpose Behind the Strategy
- Invent a Mutual Purpose
- Brainstorm New Strategies



### **Power of Dialogue**

Dialogue: The free flow of meaning between two or more people

#### **Unhealthy Motives**

- Be Right
- Look good/save face
- Win
- Punish, blame
- Avoid conflict

#### **Motives of Dialogue**

- Learn
- Find the truth
- Produce results
- Strengthen relationships



### Stay focused on What you really want

- What do I want for me?
- What do I want for others?
- What do I want for the relationship?



#### **Exercise 2**

- Take 5 minutes with your group:
  - > Discuss a true situation that you need to address
  - > Develop a script
  - > Prepare to present how you decided to handle the situation






\$ Priceless

Enable -----

Enabling leaders create clear expectations and processes but still allow others to find their own solutions to the challenges their presented with. They follow up consistently and provide appropriate information, resources and support.

\$ Treasured

- Humility ----

Humble leaders care more about results than who gets credit. They are ambitious, not for personal gain, but only for the success of the organization. They are patient with others and don't give in to feelings of superiority.

\$ Rare

- Conviction -

Leaders with conviction are persistent and consistent with their effort. They exhibit tremendous personal determination to succeed. They are passionare about their work, their commitment to excellence and their drive to help others succeed.

\$ Cherished

Caled

#### Summary

- Crucial Conversations are not easy
- Crucial Conversations need practice/experience
- Crucial Conversations take leadership skills
- Crucial Conversations set the direction for future relationships
- Crucial Conversations should not be avoided







#### Questions







#### Healthy and Successful Regional Society Leadership

#### Lea Anne Myers, MSN RN CGRN

SOCIETY OF GASTROENTEROLOGY NURSES AND ASSOCIATES, INC.

How many of you this is this your first time serving on the regional board?

How many of you have served on your regional board for multiple terms?



## Healthy and Successful Succession Planning

- Intentional action
- Doesn't just happen



# Why is a strong board important to your region?

Safeguard the Mission / Vision





# Why is a strong board important to your region?

Set the strategy





# Why is a strong board important to your region?

Effectively oversee the work of the organization



# Succession Planning Benefits Pitfalls

 Keeps new & fresh ideas coming in • Overburden and burn out of volunteers



 Vital to the success of the organization  Stale and unsustainable organization

Pitfalls



#### Pitfalls

 Allows for effective leadership training and transitions • Mismatch of person in the role



 Identify and retain top talent  They'll find somewhere else to use their talents

Pitfalls



### Pitfalls

 Ensure growth of the organization and your members • Hampers growth



#### How do you identify future board members?

- 1. Get to know your members and those who should be members
- 2. Get to know the facilities in your region
- 3. Intentionally look for people who fit the needs





Remember that recruitment is a sales job



#### **Understand why people volunteer**

- They care about the issues that our organization addresses
- External recognition &/or internal good feeling
- Pay it forward
- Gain experience / credentials
- It's fun
- Social aspects / networking
- Makes them feel needed



#### Understand why people say "No"



How to get them to say "yes"

## Appeal to their motivations Remember that What Sectification is a sales job



### **Create a Pipeline**

- Search for your replacement
- Get mentored and be a mentor
- Don't rely solely on passive methods such as "call for nominations"
- Diversity is important
- No room for "that's the way we've always done it"



#### Create a Culture that Embraces Succession Planning





### **My Personal Journey**

- Guilted into filling a sudden vacancy
- Learned from peers / Formal & informal mentoring
- Presentor
- Certification
- MSN
- Developed leadership qualities
- Networking



## Healthy and Successful Succession Planning

- Intentional action
- Doesn't just happen









Lea Anne Myers, MSN, RN, CGRN SGNA President-Elect drmfwin@msn.com





### Thank you for joining us this year!

SOCIETY OF GASTROENTEROLOGY NURSES AND ASSOCIATES, INC.